

Why we are here: 22,557 served

		Ages
Counseling: office-based, community-based, and telehealth	Primary and co-located spaces in St. Louis City, Creve Coeur, South County, and Jefferson County plus telehealth make our services accessible to anyone across Missouri. Survivors of Suicide, clergy, and grief support groups bring another level of care.	2+
Access Center: office-based, and telehealth	The Access Center allows clients across Missouri to quickly be seen for urgent mental health concerns. A \$5 same-week appointment with a master's-level counseling intern can provide stabilizing care.	5+
Psychiatric services: office-based, and telehealth	Medication management is an important part of many clients' healing journey. Psychiatric Mental Health Nurse Practitioners are available in person or via telehealth.	5+
Crisis services: telephonic	Provident answers the 988 suicide prevention lifeline, Feeling Kinda Blue, 888-BETSOFF, TeleHelp older adult and caregiver line, and a grief helpline to meet the needs of any individual.	All
Older adult services: office-based, community-based, telehealth, and telephonic	Provident's TeleHope program makes outgoing supportive calls to older adults. The TeleHelp hotline offers support to older adults and their caregivers. Partnerships with prominent older adult-serving agencies helps us bring counseling and psychiatric services without barriers.	55+
Mary Ryder Home: residential care	We continue the legacy of providing compassionate care for older adult women in our intensive residential treatment setting.	55+
School-based services: school-based	Behavioral Health Intervention Specialists and therapists provide school-based services in nine different school districts, supporting youth as well as educators and administrators.	5-18
Community outreach: anywhere our community needs us to be	Provident's Behavioral Health Outreach Specialist offers community education and outreach to the nonprofit and especially faith communities.	All

Our Staff: The People We Are

- Exceptional service providers:**
- Licensed and provisionally licensed
 - Trained in specialized modalities
- It takes a special person to join our team:**
- Compassionate
 - Culturally literate
 - Passionate about our mission
 - Lived life experience
 - Inquisitive
 - Accountable
- Preparing the next generation of caregivers through:**
- Clinical supervision
 - Professional development
 - Advancement opportunities

Our Clients: The People We Serve

- Our clients are:**
- Uncertain and looking for hope
 - Lonely and seeking connection
 - Traumatized and building resilience
- Our clinical team is:**
- Diverse in specialization and modalities to help clients find the right fit for their need, comfort and personal experience.

Our Practice: A Legacy of Inclusivity

- Since 1860**
- Serving people of all ages, especially the vulnerable such as:**
- Older adults
 - Clergy
 - LGBTQ
 - Trauma victims
 - Youth
- Serving those most in need from urban & rural communities**
- Doing so with agency leadership and staff who are representative of the region.**

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2026 Profile

Provident

Behavioral Health

At Provident Behavioral Health, our clients' stories matter.

An adult woman with ongoing mental and physical health struggles needed help getting workplace accommodations. **Therapy stabilized her life and a diagnosis helped her get the accommodations she needed.**

A student lost a parent to violence. **The student met with a school-based Behavioral Health Intervention Specialist to process his grief.**

A high school-aged girl was suicidal and self-harming, feared going to school and was failing her classes. **A Behavioral Health Intervention Specialist (BHIS) connected her with therapy and psychiatric care. She checks in with her school-based BHIS as needed.**

A college student felt crushed under the pressure of school and being away from home. **Feeling Kinda Blue offered a warm line he could call to get frequent support.**

A woman lost her partner to suicide. **Survivors of Suicide support groups have led her to healing and community.**

An 8th-grade student endured physical and sexual abuse, troubled family relationships, and a history of suicidal ideation and self-harm. **A therapist employed trauma-focused therapy to work through these complex issues with the student and their family.**

A pastor was unsure how to support his congregants' and his own mental health needs. **He received resources from our Behavioral Health Outreach Specialist (BHOS) and joined our clergy support group.**

An 80 year-old woman needed help with her loneliness but had transportation barriers. **Through the TeleHope program she received regular phone calls.**

An 8th-grade male lost his grandmother who had raised him. **The clinician helped him with his grief and identified other caring adults in his life.**

A 7th-grade male student witnessed a shooting. **A Behavioral Health Intervention Specialist in his school met with him on his school campus over the school year to address his trauma.**

Cover art at top: "Alex Tree" was painted by local artist Marilynn Bradley in memory of Alexander Barker Permutt. The original 4' x 6' painting hangs in the Provident administration building as a way to remember and honor Alex's story and his legacy of Feeling Kinda Blue.



Thought Leadership and a Culture of Continuous Learning

Provident provides exceptional behavioral health care to clients and is known as a **regional behavioral health thought leader**. We contribute to multiple regional and state behavioral health and suicide prevention coalitions. We thoughtfully partner with nine school districts, three older adult facilities, a local health department, area nonprofits, faith organizations, and a large local hospital system. In doing so we contribute to collective goals and outcomes to end stigma and provide accessible behavioral health care. Our Behavioral Health Outreach Specialist partners significantly with local faith organizations and shares valuable behavioral health resources and community education to promote mental wellness dialogue.

Provident also has created a **culture of continuous learning** for our team. Every staff member receives a stipend for continuing education to ensure their skills remain relevant and continue to grow. Our clinical team has specialties in cognitive, solution-focused, trauma-focused, person-focused, Gestalt, exposure, play, art, and grief therapy, among others. We offer Eye Movement Desensitization and Reprocessing (EMDR), Parent-Child Interactive Therapy (PCIT), motivational interviewing,

mindfulness modalities, harm reduction, and anger management techniques. Our clinicians support those with depression, anxiety, loneliness, suicidal ideation, substance misuse/addictions, aging and gender issues, and chronic medical conditions.

We serve people of every age, gender identity, and socioeconomic level. Caring for such a broad range of individuals is complex and our agency is purposeful in providing clinical support to our team

OUR VISION
Mentally healthy communities through quality behavioral health services accessible to all

OUR MISSION
Building brighter futures through exceptional behavioral health services, especially for those with the greatest need.

In 2025 we provided 1,224 hours of clinical supervision to our team. Fourteen **master-level clinical interns** provided care to over 120 individuals of all ages in 2025. Not only do these interns provide valuable clinical support to clients, but they also receive exemplary experience in treating complex community-based behavioral health care. These burgeoning therapists received strict clinical oversight as well as individual and group supervision from licensed therapists.

OUR VALUES
Accessibility: We aim to provide access to quality behavioral health care to all, including underserved populations.

Integrity: We are ethical, respectful, and accountable to all we serve, including internal and external customers.

Inclusivity: We commit to creating a sense of belonging by welcoming, recognizing, and honoring all people at all times.



Every person who comes to Provident carries a story that matters.

Some are children trying to learn while anxiety or trauma gets in the way. Some are parents doing their best to hold a family together. Some are older adults facing loneliness, grief, or the fear of losing independence. Some are people in crisis who need someone to answer the phone, listen carefully, and help them stay safe. Others simply worry that life is feeling too heavy to manage alone.

At Provident Behavioral Health, our work begins with a simple conviction: our clients matter. They matter when they can pay the full cost of care, and they matter when they cannot. They matter before a crisis becomes an emergency, after the first appointment, and through the hard process of healing when progress can feel slow. They matter not as numbers, diagnoses, or funding categories, but as whole people with dignity, strengths, families, hopes, and futures.

In 2025, you'd find here that Provident continued building brighter futures through counseling, psychiatry, crisis services, school-based supports, older adult services, residential care, advocacy and community partnerships. Across each program, the promise was the same: to meet people with skill, compassion, and respect.

This profile tells part of that story. It reflects the impact of our staff, donors, volunteers, board members, and partners. Most importantly, it reflects the lives of clients who trusted Provident during vulnerable moments. Their courage is why we do this work. Their futures are why it matters.


Kevin Drollinger
President and Executive Director

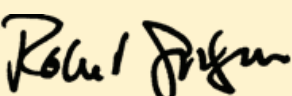


The mental health needs of our community members are great.

Provident Behavioral Health meets those needs by providing a comprehensive array of services and approaching every person as a unique individual. We serve the entire life course, and work with both individuals and families. Our results are measurable, but more important, our services are compassionate and effective. Although mental health services face challenges of stigma and denial, we bring an attitude of hope, optimism, and joy to our work.

Our Provident team changes and saves lives every day through mental health counseling, psychiatric services, crisis services, school-based supports, older adult services, community education, intensive residential treatment services, and advocacy. We serve people of all ages, but have a strategic focus on school-aged youth and older adults.

My job as Board Chair is to help members provide critical expertise, oversight, and resources to support Provident's important mission: "Building brighter futures through exceptional behavioral health services, especially for those with greatest need." I am honored to join a legacy of more than 165 years of great leadership and service in the City of St. Louis and surrounding areas.


Robert Wagner
Board Chair

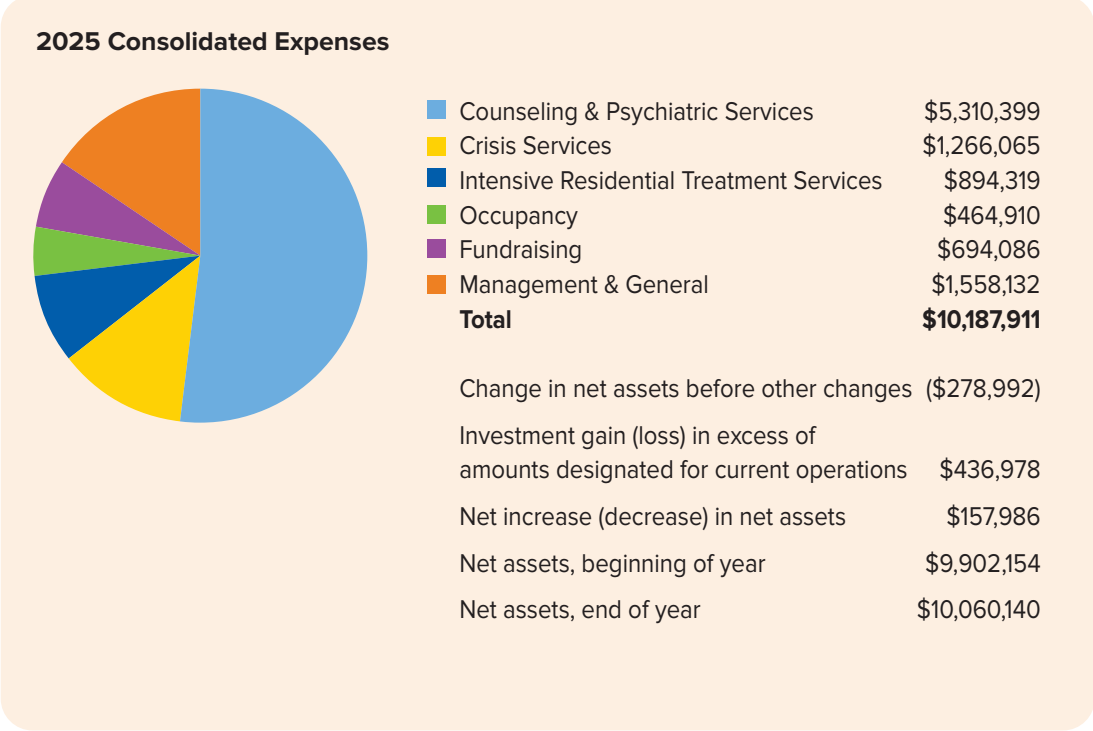
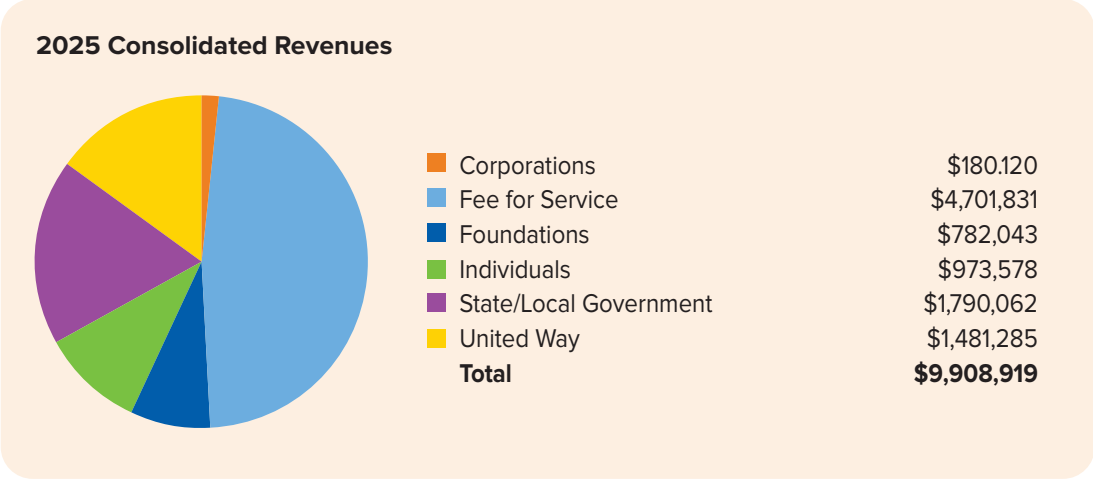
Did you know?

Our Executive Leadership team has 64 collective years of service at Provident.

**Provident has received the Top Work Place designation for nine straight years**

Quality matters. We are accredited by The Joint Commission and the American Association of Suicidology, and are licensed by the Missouri Department of Mental Health.

2025 Financial Statement



Financial Accountability
Provident Behavioral Health and Mary Ryder Home are audited annually by an independent certified public accounting firm. The 2025 audit resulted in an unmodified ("clean") opinion, with no material weaknesses or significant deficiencies reported. Complete audited financial statements are available upon request.


A Trusted Community Partner
Provident Behavioral Health is proud to be a United Way Safety Net Partner, helping ensure that individuals and families throughout the St. Louis region have access to critical behavioral health services when they need them most.

In 2025, United Way support represented approximately \$1.48 million of funding that helped provide counseling, psychiatric care, crisis intervention, school-based services, and residential treatment programs throughout our community.