



Changing Lives, Saving Lives: A **\$25,000** investment will change and save lives of the most vulnerable people in our community, providing agency support in the areas of most need.

Building Brighter Futures: A **\$20,000** investment supports the agency's mission in a most impactful way, demonstrating true commitment to the mission of caring for all people, especially youth and older adults.

Area of Greatest Need: A **\$15,000** gift to the agency's area of greatest need can substantially sustain our programs and ensure continuity of care for every one of our clients.

Access Center: **\$10,000** supports our Access Center, providing same-week counseling with a master's level intern for only \$5. Think of it as face-to-face crisis services; this is a way to provide immediate care and divert individuals from emergency departments when possible.

Client Assistance: **\$5,000** directly assists clients in covering the cost of mental health services. Your gift of \$5,000 pays for the uncovered expenses of nearly 300 counseling or psychiatric sessions.

Housing support for Mary Ryder Home: **\$2,500** substantially supports housing costs that help us keep the women of Mary Ryder Home comfortable and stable in our home. Strong nutrition and a clean, safe facility complement the behavioral health supports and medication these women receive, improving their quality of life.

Crisis Intervention Specialist: **\$1,200** supports our 988 Crisis Intervention Specialists who answer the phone 24 hours a day and provide up to three calls back to individuals in crisis. Giving at this level allows YOU to save lives.

Counseling Sessions: **\$575** covers the cost of 4 counseling sessions with our master's level therapists. We provide counseling to individuals of all ages, offering it in counseling offices, schools, health clinics, residential facilities, and via telehealth –serving people of all ages!

One psychiatric evaluation: **\$290** covers the cost of this initial evaluation to start someone on medication that can launch their new, healthier life.

\$150 One psychiatric visit: This covers the cost of a visit to our psychiatric nurse practitioners for medication management, ensuring clients maintain a healthy life.