

Provident Behavioral Health commits to providing accessible, exceptional behavioral health to all individuals, with an emphasis on two priority populations: youth and older adults.



YOUTH

More than 2 in 5 high school students reported feeling sad or hopeless in 2023.

In Missouri, 1 in 6 youth experienced a mental health concern each year, with 11% of Missouri children experiencing anxiety or depression disorders in 2022.

Social issues among students, including peer relationships and self-esteem issues, ranked highly among middle school students in local behavioral health community needs assessments. Youth in St. Louis face toxic stress from many sources, including poverty and racial stress.



OLDER ADULTS

Mental health concerns often correlate with the risk of suicide in older adults. In 2023, people age 65 and older made up only 16.8% of the total population, but accounted for 22% of the identified suicide deaths.

51% of older adults in St. Louis reported in 2019 that mental health counseling and treatment are unaffordable and therefore inaccessible.

Isolation, loneliness, and grief rank among the top concerns of older adults.

2024–2028 Strategic Plan: Access to Services

Provident Behavioral Health aims to create universal access to high-quality behavioral health services, especially for those most in need. We will do this by making inclusive care accessible for even more youth, adults, and older adults seeking behavioral health supports.

Expand Access to Behavioral Health for Older Adults 55+ and for Youth ≤19

Actively recruit, retain and expand our clinician base
Continually evaluate and execute innovative service delivery models
Promote our accessible services to the community
Engage community partners and ambassadors

Serving the Underserved

Youth, adults, and older adults at risk of or experiencing mental illness or risk of suicide
Individuals with geographical, stigma, transportation, and other barriers to care
Individuals with financial barriers or insufficient insurance

2024 Board of Directors

Marianne Fournie, Board Chair
Retired Director of Clinical Operations for BJC Healthcare

Robert J. Wagner, Vice Chair
Partner
Thompson Coburn, LLP

Edward Lawlor, Ph.D., Immediate Past Board Chair
William E. Gordon Distinguished Professor and Dean Emeritus Washington University-St. Louis

Thomas E. Williamson, Treasurer
Partner
RubinBrown, LLP

Kelly Dolan, Secretary
Business Owner
H.S. Clay House Bed & Breakfast

Charles J. Wiegers, Nominating and Governance Co-Chair
President
Triad Bank

Peter Ambrose, Jr. Ph.D
Retired Optum Behavioral Health Executive

Diane Beckerle O'Brien
Associate Teaching Professor and MSW Program Director University of Missouri-St. Louis

Jack B. Lay
Retired RGA Executive

Michael Girsch, Nominating and Governance Co-Chair
Vice President and General Manager St. Louis Cardinals

Theresa Menk, Development Chair
Assistant Vice Chancellor Washington University-St. Louis

Robert Sanders, Compensation Chair
Consultant, Adjunct Professor, Retired HR Executive

Erica Abbott
Director of Communications Spectrum Brands

Tom Ackerman
Sports Director KMOX

Ida Early
Community Volunteer

John D. Elser II
Retired Edward Jones Executive

David Fleisher, Jr.
Chief Operating Officer Quarles & Brady LLP

Henry S. Webber
Principal
Urban Impact Advisors

Risa Zwerling
Community Volunteer

Denise Bentele
President and CEO and Owner Common Ground Public Relations

John Butler
Partner
RubinBrown, LLP

Scott Cochran
EVP, Senior Advisor to the CEO F&G

Marcelle Pires
Vice President—Global Customer Success Assurance Services RubinBrown, LLP

Renita Duncan
Partner-In-Charge, Assurance Services RubinBrown, LLP

Mayola Rowser, Ph.D, DNP, FNP, PMHNP
Community Volunteer

Jill Schupp
Retired Missouri State Senator

Adam Fournie
Analyst, Product Review Edward Jones

Jack B. Lay
Retired RGA Executive

Kimberly McBride
Principal
Edward Jones

Erick Messias, MD, MPH, Ph.D
Chair of Department of Psychiatry and Behavioral Neurosciences St. Louis University School of Medicine

Marcelle Pires
Vice President—Global Customer Success Center of Excellence Bayer

Mayola Rowser, Ph.D, DNP, FNP, PMHNP
Community Volunteer

John D. Elser II
Retired Edward Jones Executive

David Fleisher, Jr.
Chief Operating Officer Quarles & Brady LLP

Henry S. Webber
Principal
Urban Impact Advisors

Risa Zwerling
Community Volunteer

2024 Profile

"I want to give a shout-out to one of your crisis counselors. He really got me through some stuff tonight...saved my life."

"I wish to thank my counselor for the time we have spent together. Through our sessions, I have gained a better understanding of who I am as an individual as well as a better-minded understanding of my surroundings. Also, the amount of grace and understanding she provides has allowed me to express myself without fear of being judged."

"Provident is impacting me in a positive way mentally."

"Not only did my therapist provide mindfulness practice and good insight, I was challenged to think differently and I feel as though I will be able to learn and grow."

"I was and still am grieving the loss of my grandmother and my clinician has helped me discover ways of settling myself when I become overwhelmed."

Provident
Behavioral Health



Who We Serve, and How



Children 2-12

Counseling¹
Psychiatric Services
Behavioral Health Intervention
Social Skills Groups
Community Education
Access Center
Office | Schools | Telehealth

¹Individual and Family

²Couples



Adolescents 13-19

Counseling¹
Psychiatric Services
Behavioral Health Intervention
988 Crisis Services
Community Education
Access Center
Office | Schools |
Telehealth | Telephone



Adults 20-54

Counseling^{1,2}
Psychiatric Services
Behavioral Health Intervention
Survivors of Suicide Support
Groups
Clergy Support Groups
988 Crisis Services
Community Education
Access Center
Grief Support Groups
TeleHealth | Telephone



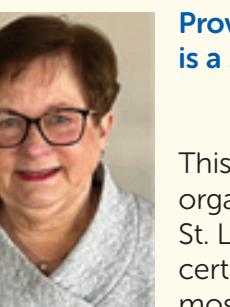
Older Adults 55+

Counseling^{1,2}
Psychiatric Services
Survivors of Suicide Groups
Clergy Support Groups
988 Crisis Services
Community Education
Access Center
Grief Support Groups
TeleHealth | Telephone

Message From Our Leadership



When I think about the remarkable challenges we have all faced over the past decade, it is no wonder many people in our community feel overwhelmed, isolated, and fearful.

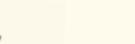


Provident Behavioral Health is a special place.

This community-based organization that has served St. Louis for 164 years has certainly evolved to meet the most contemporary needs of the community. A newly crafted strategic plan created by our Board, Advisory Council, and staff outlines how we sharpened the pencil once again, underscoring the significant need for high-quality, accessible behavioral health services. As we continue to serve people of all ages, we will prioritize our youth and our older adults. Both demographics come with their own set of challenges, but Provident has the will to do what we do best: offer a comprehensive menu of behavioral health services; place our clinicians in accessible settings; listen to and care for those in crisis; and welcome all people in need. The specialized care we offer can make a profound impact on the lives of the people we serve. What a wonderful and important resource Provident is for the community. We boast a smart, strong, and engaged Board of Directors and Advisory Council. Collectively with our exceptional staff, we are thrilled to be part of the solution.



Kevin Drollinger
President and Executive Director



Marianne Fournie, RN
Board Chair

OUR MISSION

Building brighter futures through exceptional behavioral health services, especially for those with the greatest need.

OUR VALUES

Accessibility:

We aim to provide access to quality behavioral health care to all, including underserved populations.

Integrity:

We are ethical, respectful, and accountable to all that we serve, including internal and external customers.

Inclusivity:

We commit to creating a sense of belonging as we welcome, recognize, and honor all people at all times.

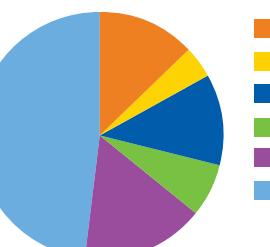
2023 Financial Statement

Provident Behavioral Health and Mary Ryder Home joined in 2019 with shared governance and leadership. Each entity retained their original 501c3 and have separate financial data.

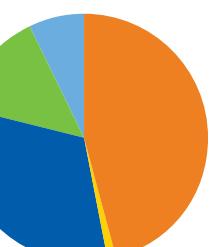
Provident

Unaudited financials

2023 Revenues



2023 Expenses



Operating Surplus	\$1,470,967
Investment Gain (Loss) in Excess of Amounts Designated for Operations	\$196,595
Loss on Disposal of Fixed Assets	\$0
Total Beginning Net Assets	\$3,40,70
Total Ending Net Assets	\$5,20,943
Change in Net Assets	\$1,6,923

*Children's Service Fund \$1,335,183
ARCHS \$495,230
St. Louis Mental Health Board \$25,000

**MO-DMH and Vibrant

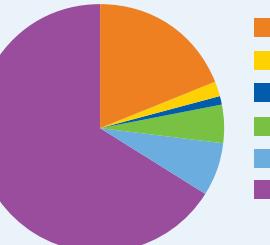
Financial information is based on unrestricted net assets without donor restrictions.

Provident
Behavioral Health

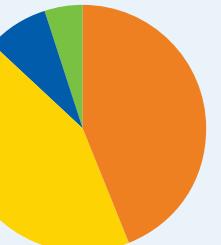
Mary Ryder Home

Unaudited financials

2023 Revenues



2023 Expenses



Operating Surplus	\$16,411
Investment Gain (Loss) in Excess of Amounts Designated for Operations	\$0
Loss on Disposal of Fixed Assets	\$0
Total Beginning Net Assets	\$1,6,06,61
Total Ending Net Assets	\$1,75,802
Change in Net Assets	\$1,56,191

Financial information is based on unrestricted net assets without donor restrictions.



Mary Ryder Home | A Provident Behavioral Health Community