

*You are invited...*

# Mental Wellness in the Faith Community

Provident Behavioral Health is pleased to share tools and resources to help faith leaders respond to the mental health needs of their faith communities.

**Join us on Thursday, October 23, 2025**

**from 8:30-12:00 at**

**First Presbyterian Church in Kirkwood  
100 E. Adams Avenue, Kirkwood, MO 63122**

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Keynote speaker: Ashley Wilkinson, MA, LPC-S  
Anchored & Equipped: Strengthening Spiritual Leaders for Healing Work

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A light breakfast (and lots of coffee!) will be served.

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**There is no cost to attend** this event due to the generosity  
of the Steward Family Foundation.

## Who should attend?

**Clergy, youth leaders  
church staff and  
seminarians**

## Why?

**Join Provident as we offer  
support and solutions for  
clergy to care for their own  
mental well-being and care  
for their congregants**



**Please RSVP to [info@providentstl.org](mailto:info@providentstl.org) by October 16th**