## 2023 Profile



#### ACCESS

#### We improve access to mental health services by removing stigma and reducing barriers to care.

- 24/7 care as a 988 Suicide Prevention Lifeline and Disaster Distress Helpline crisis center
- In-person and telehealth counseling and psychiatric services
- Quality services that are financially within reach
- Serving individuals most in need
- Inclusive care for all

#### COMMUNITY

Provident is a valuable community resource.

- Community leader since 1860, with a rich history with the Community Fund, Brown School, Visiting Nurse Association, and Urban League
- Thought leadership in training, community education, advocacy, and cultural competencies
- Equitable employer

At Provident Behavioral Health we inspire hope because we believe mental wellness is the foundation of a life well lived.

#### **COMPREHENSIVE SERVICES**

#### We offer adaptive, evolving services delivered with a high level of expertise.

- 24/7 Crisis Services
- Counseling and Access Center
- Psychiatric Services
- Behavioral Health Intervention Specialists
  on school campuses
- Mary Ryder Home intensive residential treatment setting

#### NEED

# The need for our services is far-reaching. We serve:

- Those at risk or experiencing mental health issues or risk of suicide
- Those with access issues due to geographical, stigma, barriers, or limited mental health resources
- Those with financial barriers or insufficient insurance
- Available for youth, adults, and older adults



# Serving Those With The Greatest Need

Provident has been serving the St. Louis community and beyond for 163 years. We have a special focus on **inclusive** and **accessible** services, especially for the underserved, defined as anyone experiencing a mental health risk or at risk of suicide; anyone with challenges accessing mental health services due to geography, financial barriers, or stigma; and anyone who is uninsured or underinsured.

Provident served 41,708 individuals in 2022 and 38% had an annual household income of less than \$30,000.

## **Building Brighter Futures**

For individuals, behavioral health is deeply connected to physical health outcomes, social stability, and economic prosperity. It's also important to our community because when our friends and neighbors are living well, it allows us all to thrive.

Here are some statistics that illustrate how Provident makes a difference for people and the community each day:

31%	Americans who paused their mental health care due to cost in 2022	\$5	Fee for care in Provident's Access Center, making services affordable to all
1,177	Missourians who died by suicide in 2021	89%	Callers who report feeling better after speaking with Provident's crisis team
2 in 5	Americans who needed mental health services in the past 12 months but did not receive it	41,000+	People helped each year by Provident through counseling, crisis services, and psychiatric services
1,871,902	Missourians who live in a community that does not have enough mental health professionals	24/7	Provident has 60 crisis intervention specialists, 4 psychiatric nurse practitioners, 26 therapists and 6 student therapists who are available via phone, in person, or via telehealth
>70%	Older adults with mood and anxiety disorders who do not access services	100%	Older adult women at Mary Ryder Home who receive behavioral health services

These numbers illustrate why Provident's mission is **Building brighter futures** through exceptional behavioral health services, especially for those with the greatest need.

### Message from our leadership



Provident has seen remarkable growth and diversity of services over the past few years. Change and growth can be a wonderful thing but it also takes time and energy and resources.

#### Is it worth it?

As I think about the 40,000+ individuals who call our hotline annually, and thousands of individuals who rely on us for exceptional counseling, medication management, school and community-based services, and residential treatment—the easy answer is "yes". I am a witness to staff who care passionately about the people they serve and who constantly consider creative ways to serve this community in a meaningful way. I work alongside community leaders, Board and Advisory Council members, who put thought leadership to good, hard work, all in the name of providing expansive and exceptional care, especially to those who need it most.

When I came to Provident seven years ago, I knew this was a special place filled with special people doing special work. And, not a day has passed when I haven't been inspired, engaged, and fulfilled by what I see around me. There is much work yet to be done, but we have the will and the expertise to continue to move in the right direction.

#### Kevin Drollinger

President and Executive Director



The future of Provident is committed to providing hope, access, and care for all people in the St. Louis region with mental health needs. From children in schools to older adults in the community, Provident provides prevention programs,

counseling, psychiatric services, crisis intervention, and suicide prevention. We have an Access Center to meet urgent counseling needs and we provide crisis counselors for the 988 Suicide Prevention Lifeline. We are the "go-to" place for behavioral health in St. Louis.

I am retired from 50 years of experience in nursing, and most of those years were as an administrator in Emergency Services. I experienced so many challenges in caring for patients with behavioral health illnesses during those years. Many of the physical conditions patients exhibited could have been prevented had they had access to behavioral health services. Depression and stress can sometimes segue into abnormal physical conditions such as ulcers, colon abnormalities, and sometimes even heart attacks. Depression is also one of the leading causes of alcoholism, drug overdose, and suicide. Too often, we saw the negative impact of patients who suffered from long-term behavioral health problems.

The barriers to patients receiving timely, comprehensive mental healthcare were our biggest challenge, oftentimes more difficult than taking care of trauma patients. Early access to behavioral health services can prevent so many mental and physical health conditions and this is what Provident Behavioral Health provides. I am pleased to be part of this agency that continues to faithfully serve the St. Louis community.

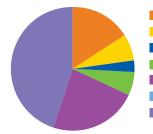
Marianne Fournie, RN Board Chair

# **2022 Financial Statement**

Provident Behavioral Health and Mary Ryder Home joined in 2019 with shared governance and leadership. Each entity retained their original 501c3 and have separate financial data.

### Provident

#### 2022 Revenues



Significant increase in revenue and expense for 2022 reflects the impact of the settlement costs and change in periodic pension costs from derisking and terminating the pension plan.



United Way	\$1,336,580
Foundations	\$621,239
Corporations	\$275,781
Individuals	\$506,630
State/Local Government*	\$1,855,413
Federal Government**	\$0
Fee for Service	\$3,635,216
Pension-Related	
Changes	\$4,330,536
Total	\$12,561,395

\*Children's Service Fund \$1,335,183 ARCHS \$495,230 St. Louis Mental Health Board \$25,000 \*\*PPP Loan Forgiveness

#### 2022 Expenses

Counseling & Psychiatric Services Afterschool Crisis Services Management & General Fundraising <b>Total</b>	\$5,951,677 \$879,010 \$2,432,235 \$1,672,792 \$498,647 <b>\$11,434,361</b>
Operating Surplus Investment Gain (Loss) in Excess of Amounts Designated	\$1,127,034
for Operations Loss on Disposal of Fixed Assets Total Beginning Net Assets	\$(415,383) \$0 \$2,828,919

Total Ending Net Assets

Change in Net Assets

Financial information is based on unrestricted net assets without donor restrictions.

\$3,540,570

\$711,651

### Mary Ryder Home

#### 2022 Revenues



\*PPP Loan Forgiveness



Resident Services Management & General Fundraising Total	\$1,627,794 \$124,224 \$124,836 <b>\$1,876,854</b>	ŀ
Operating Surplus Investment Gain (Loss) in Excess	\$(334,863) of	)
Amounts Designated for Opera	itions \$57	7
Loss on Disposal of Fixed Assets	\$C	)
Total Beginning Net Assets	\$1,936,661	L
Total Ending Net Assets	\$1,601,661	L
Change in Net Assets	\$(334,806)	)
	Management & General Fundraising <b>Total</b> Operating Surplus Investment Gain (Loss) in Excess Amounts Designated for Opera Loss on Disposal of Fixed Assets Total Beginning Net Assets Total Ending Net Assets	Management & General\$124,224Fundraising\$124,836Total\$1,876,854Operating Surplus\$(334,863)Investment Gain (Loss) in Excess of Amounts Designated for Operations\$57Loss on Disposal of Fixed Assets\$00Total Beginning Net Assets\$1,936,661Total Ending Net Assets\$1,601,661

Financial information is based on unrestricted net assets without donor restrictions.



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Linda Ray Community Volunteer

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