



Survivors of Suicide (S.O.S.) Meetings Fact Sheet

St. Louis Mid-County Meeting

Every Wednesday from 7–8:30 pm

NCADA Bldg. (National Council for Alcohol and Drug Abuse) **please enter behind building*
9355 Olive Blvd, Olivette, MO 63132

St. Charles Group Meeting

1st & 3rd Monday of the month from 6:30–8:00 pm

St. Charles Community Center
608 Jefferson Street, St. Charles MO 63301

Jefferson County Meeting

1st and 3rd Thursday of the month from 7-8:30pm

St. Andrew's United Methodist Church
1004 Rock Rd. in Desoto, MO 63020

Helpful Information

- SOS is free for all attendees.
- Participants are not required to speak during meetings.
- Participants are not required to attend any certain amount of meetings. No formal "commitment" to SOS is necessary.
- We advise arriving at least 5 minutes before the start time of the meeting.
- Participants can just show up. There is no screening process.
- Although anyone is welcome at any time, we strongly encourage individuals interested in SOS to be at least 2-3 months out from their loss before attending a meeting. Everyone is different, but the grief is often too fresh to process in a group setting prior to this amount of time.
- We encourage members to try attending 3 meetings before deciding if it is a good fit for them.
- SOS is a peer-led support group. It does not involve any formal therapy and does not follow a model such as a 12 Step program.
- Members must be at least 18 years of age.
- Coffee is provided at all meetings.