

*A Navigator is someone who believes in the power of hope.*

We know that a feeling of hopelessness is the number one indicator of suicide. If we can navigate hurting people towards hope, we can save them. Simply making a connection with a supportive person can make the difference between life and death.

In Missouri, suicide is the

**third**

leading cause of death for youth ages 10-24.

It is estimated that for every one death by suicide, there are **25 attempts.**

In the United States, someone dies by suicide every

**11.7**

minutes.

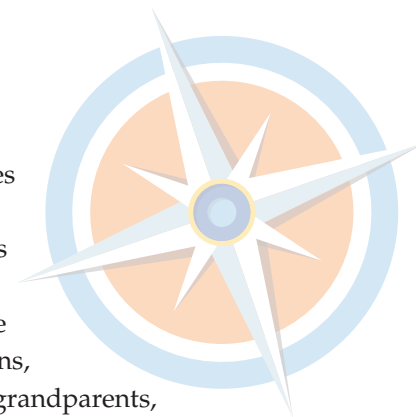
Every crisis worker receives **80** hours of suicide prevention training.

*“It feels good to know exactly where my donation is going, and that my gift is actually saving lives.”*

*—Giving Club Member*

## BE A NAVIGATOR!

Provident’s Crisis Workers change lives and save lives every day. They answer calls from over 170 hurting individuals 24 hours a day, every day, helping them navigate to hope. Those are more than voices on the phone—they are sons, daughters, wives, husbands, parents, grandparents, friends and loved ones. As a Navigator, you will join a group of individuals who value the training our Crisis Workers need to be effective. Your gift will directly support Provident’s Crisis Worker education and training.



Level Name	Monthly Gift	Annual Gift	Number of lives saved annually
Protector	\$34	\$408	36
Champion	\$68	\$816	73
Life Changer	\$136	\$1,632	145
Life Saver	\$272	\$3,264	290